

*Spiritours* is a unique tour operator specializing in personal and spiritual development trips and sacred journeys for small groups in the interest of equitable tourism.

*Equitable tourism enriches both the travelers and the hosts. Its profits benefit the host country's local economy and sustainable development.*

Kenya has been very dear to my heart since the year 2002 when I went there to spend five weeks in Mariapolis Piero, one of the little cities of the Focolare Movement. This past January I took a group there for the first two days of the tour. It was such a great joy to be back and see all the people again. The people in my group were all very moved by the warmth and love they experienced. They knew very little about the Focolare Movement yet even the most skeptical were touched in their hearts.



From Mariapolis Piero, we went off on a safari tour to four of the main game parks, which function as animal reserves. We saw elephants (and, yes, they are VERY big!), lions, leopards, giraffes, gazelles, zebras, rhinos, hippos and more, all in their natural habitat. It was wonderful! Each evening we

*Open your eyes, your heart and your mind to the inner and the outer worlds!*



Anne Godbout (3)

would take some time to share about our experiences of the day. People opened up and spoke about their emotions and sometimes about their spirituality, so we had very deep sharings. I encouraged them to practice the art of loving since we were on a spiritual journey as well. For some people it was very difficult, but I felt they put forth a lot of effort and we witnessed changes in many attitudes. Kenya is a beautiful land, with beautiful people, into which we ventured and had a special trip – a time to open our eyes, our hearts and our minds to the inner and the outer worlds. *-Anne Godbout* ■